



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY FUN FOR ALL!

## Pickleball

### ADULTS AND SENIORS

NEW! Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. Pickleball will be held in the gymnasium.

This is a drop-in program.  
Please sign in at Member Services.

Instructional offered Monday's & Thursday's 11:30AM –12:00PM  
Games on Monday's & Thursday's 12:00-2:00PM in Gymnasium

You may bring your own equipment.

If you have any questions, please contact Sports Director, Marissa Teed at [marissa.teed@ghymca.org](mailto:marissa.teed@ghymca.org) or 860-653-5524 x 136.

MEMBERS: FREE PROGRAM: \$3.00/DAY

Farmington Valley YMCA  
860 653 5524

[www.farmingtonvalleyYMCA.org](http://www.farmingtonvalleyYMCA.org)

