## **National Resources for Help**

Fort tips for parents in regards to alcohol/drug use by teens: alcoholism.about.com

Help for parents in Connecticut who have already confirmed usage and need assistance: interventionamerica.org

## **Other National Resources**

**Al-Anon/Alateen** Provides support for families and friends of alcoholics. www.al-anon.alateen.org

**Internet Safety** National Center for Missing and Exploited Children offers interactive info about safe internet use. <a href="www.netsmartz.org/Parents">www.netsmartz.org/Parents</a>

**Prevent Teen Drug Use** Provides facts about the risks of marijuana use from The Institute for Behavior and Health, Inc. <a href="https://www.preventteendruguse.org">www.preventteendruguse.org</a>

**Substance Abuse and Mental Health Services Administration** Educational materials and resources. www.samsha.gov