



Eno Memorial Hall
 754 Hopmeadow Street
 Simsbury, CT 06070
www.simsbury-ct.gov
 Mailing Address:
 933 Hopmeadow Street

Hours: Mondays: 8:30 a.m.—7:00 p.m.
 Tuesdays—Thursdays: 8:30 a.m.—4:30 p.m.
 Fridays: 8:30 a.m.—1:00 p.m.

Contact Us: Senior Center Phone: (860) 658-3273
 Social Services Phone: (860) 658-3283
 Fax: (860) 408-7046
www.simsburyseniors.com
www.facebook.com/simscommunityandsocial

The Senior Communicator

January—February, 2022



Tailgate Inside!

Sunday, February 6 from 12:30-3:00 p.m.
Simsbury Public Library, Tariffville Room

Free

**Register by Feb. 2.*



Watch UConn Women's basketball where it's warm, on the big screen. The Senior Center and Public Library are cosponsoring an Indoor Tailgate Party for the top-ranked UConn Women's basketball game against Tennessee on Sunday, February 6. The party will run from 12:30 to 3:00 p.m. in the Library's Tariffville Room, with the Huskies game shown live on the big screen starting at 1:00. Sandwiches, snacks, desserts and drinks will be served.

Please register at the Senior Center or Library by February 2.

If you have a Dial-A-Ride pass and need transportation, please call the Senior Center.

Cosponsored by the Simsbury Public Library & the Senior Center

Face Coverings Required in Town Facilities: In accordance with updated recommendations from the CDC and the Farmington Valley Health District, all staff and visitors to Town buildings, **regardless of vaccination status**, are required to wear a face covering at all times while indoors. All staff and visitors to Town buildings are required to properly wear face coverings, including attendees of public meetings. Individuals who have been diagnosed with COVID-19, are awaiting the results of a COVID-19 test, or are currently ill should refrain from visiting Town facilities in person. Masks must be worn in the Dial-A-Ride vehicle. Indoor meals are still permitted; masks may be removed only when seated and consuming food and beverages. Individuals should wash their hands prior to eating, drinking, or touching common equipment and supplies.

The mission of the Simsbury Senior Center is to provide a community focal point where older adults come together for programs that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the Center and their community. The Simsbury Senior Center welcomes all members of the diverse and growing older adult population, (age 50 and over), their families and friends.

Kathleen Marschall
 Senior Center Coordinator
Karen Haberlin
 Senior Center Assistant
Kristen Formanek
 Director of Community and Social Services
Rachael Loveland
 Community Social Worker
Lisa Sharp
 Coordinator of Elderly Outreach Services
Dana Olson
 Social Services Assistant

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www.simsburycemetery.com
 Email: office@simsburycemetery.com
Phone: (860) 408-9077

*"Located in Simsbury center off Hopmeadow Street.
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Farmington Valley Visiting Nurse Association
 8 Old Mill Lane Simsbury CT 06070
 860-651-3539 • farmingtonvalleyvna.org

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LIFELONG LEARNING

To register for programs please visit www.simsburyseniors.com, call (860) 658-3273, or email khaberlin@simsbury-ct.gov.

Samuel Colt

Thursday, Jan. 27, 1:30-2:30 p.m.

Youth Room

Free

*Register by Jan. 24.

Samuel Colt was an inventive genius and a major contributor to the world of mass production, interchangeability of parts and a leading supplier of arms during the Civil War. The Texas Rangers were equipped with the Colt Revolver when the American army began using them in the 1840s.

'Wild Bill' Hickok owned two 1851 models with ivory handles. Colt's contributions to manufacturing have met their mark even in today's high efficiency manufacturing facility.

Presented by Joseph Ouellette, member of the Ellington & CT Historical Societies

St. Valentine

Thursday, Feb. 10, 1:30-2:30 p.m.

Youth Room

Free

*Register by Feb. 8.

February is the month of St. Valentine's Day and a time to reflect on that special someone. How did it all start? The evolution of the Valentine begins with a beautiful story and then in time... love notes, the introduction of cards, flowers and chocolates and the heart shaped boxes. Let's not forget about the poets that helped things along. We'll even have a little quiz game for fun.

Presented by Joseph Ouellette, member of the Ellington & CT Historical Societies



Abraham Lincoln: Commander of the Civil War

Tuesday, January 25

1:30-2:30 p.m.

Youth Room

Free



*Please register by Jan. 20.

The presentation is centered on how Lincoln, the President and Commander-in-Chief, managed and shaped the direction of the North in the Civil War. What key decisions and actions did Lincoln make that led the North to become victorious over the South?

Presented by Jerry Perkins, Retired History Professor



What's It Worth Appraisals

Monday, January 10, 6:00-8:00 p.m.

Via Zoom with Simsbury Public Library

Free

*Register with the Library or Senior Center by Jan. 6.

Join Mike Ivankovich for an Antiques Road Show-type "What's It Worth" Appraisal Event. Attendees can have Mike appraise their treasures while they remain in the comfort and safety of their own home. Mike is an appraiser, auctioneer, author, columnist, antiques & home downsizing specialist, and host of Philadelphia's "What's It Worth? Ask Mike the Appraiser" Radio Show.

- ◆ We start with a discussion on "Understanding Value."
- ◆ We then perform **1-on-1 Appraisals** of all ZOOM attendees' treasures.
- ◆ And we offer **Buying & Selling Tips & Strategies** throughout the entire program.
- ◆ Each attendee can have two items for Mike to appraise.
- ◆ Participants should have one back-up item for Mike to appraise. That way, if he can't virtually see one item clearly, he can appraise the back-up item.

Home Downsizing Workshop—Your Children Don't Want It. What Can You Do?

Monday, Feb. 7 from 6:00-8:00 p.m.

Via Zoom with Simsbury Public Library

Free

*Register with the Library or Senior Center by Feb. 3.

You've spent a lifetime accumulating antiques, collectibles, and other household contents. Now you're ready to downsize. What do you do with the items you no longer want or need? In this presentation Mike will show you how you can sell your excess personal property for the greatest amount of cash...with the least amount of work...in the shortest amount of time... in today's rapidly changing market.

FITNESS CLASSES



All participants are required to complete a yearly liability waiver before starting a fitness class. We advise that each participant has a complete physical examination before participating in any physical activity. Register online at www.simsburyseniors.com, by calling the Senior Center at (860) 658-3273, or by email at khaberlin@simsbury-ct.gov.

Chair Yoga Zoom

Yoga can improve strength, flexibility and endurance, and manage inflammation, arthritis and pain. This class is perfect for offering chair support for people with knee and back discomfort.

Instructor: Susan Rubenstein

Tuesdays, 11:00-11:50 a.m.
Jan. 4 to Feb. 22
8 classes for \$56

Cardio & Strength Zoom

This is a fitness class that combines a variety of exercises to help increase cardio endurance while strengthening muscle. Class can be done sitting in a chair or standing.

Instructor: Nancy Pandolfo

Monday-Friday, 10:30-11:15 a.m.
Jan. 3 to Feb. 28

Free with SilverSneakers® & Renew Active™, \$3 without

Stronger with Strength Zoom

This class offers an effective combination of strength training, core work, balance and a complete stretch.

Instructor: Susan Rubenstein

Fridays, 9:00-10:00 a.m.
Jan. 7 to Feb. 25
(no class 1/14)
7 classes for \$28

Yoga (Morning) Zoom

A great class to help de-stress before your busy day.

Instructor: Susan Rubenstein
10:30-11:30 a.m.

Mondays

Jan. 3 to Feb. 28
(no class 1/17 & 2/21)
7 classes for \$49

Wednesdays

Jan. 5 to Feb. 23
(no class 1/12)
7 classes for \$49

Perfect Fit Zoom

Low-impact aerobics, strength training and Pilates.

Instructor: Susan Rubenstein
9:15-10:15 a.m.

Mondays

Jan. 3 to Feb. 28
(no class 1/17 & 2/21)
7 classes for \$28

Wednesdays

Jan. 5 to Feb. 23
(no class 1/12)
7 classes for \$28

Tai Chi

In Person—Auditorium

**Masks required*

Experience the health benefits of the gentle art of Tai Chi, which aids in gaining flexibility and improving balance. Both Beginner and Intermediate levels are offered.

Instructor: Ken Zaborowski

Intermediate 9:00-9:45 a.m.
Beginner 10:00-10:45 a.m.

Tuesdays, Jan. 4 to Feb. 22
8 classes for \$36

Thursdays, Jan. 6 to Feb. 24
8 classes for \$36

Complete Package Workout (Evening) Zoom

Warm up inside, at home, this winter with this evening class combining four 15-minute blocks of Cardio, Strength, Pilates and Yoga.

Instructor: Susan Rubenstein

Tuesdays, 5:00-6:00 p.m.
Jan. 4 to Feb. 22
8 classes for \$56



IN-PERSON!

SPECIAL EVENTS & PROGRAMS

To register for programs please visit www.simsburyseniors.com, call (860) 658-3273, or email khaberlin@simsbury-ct.gov.


WINTER BINGO!
Monday, January 24
1:30-2:30 p.m.
Youth Room
 \$2
 *Register by Jan. 19.



Join us for a fun game of BINGO at the Senior Center!
Prizes for all winners


Meet Beau the Bassador!
Monday, Jan. 10, 1:30-2:30 p.m., Blue Room
 Free; Drop-In

Marilyn Douglas, a long-time Simsbury resident and her current pet partner, Beau the Bassador, will soon be regular visitors at the Senior Center. For over 20 years, Marilyn has been a registered handler of therapy dogs in Central Connecticut, providing animal-assisted therapy to libraries, elementary schools, veterans, American School for the Deaf, colleges, universities, skilled care, assisted and independent living, and hospice. Please join us as we welcome Marilyn & Beau to our center! Beau will also make a guest appearance at Valentine's Day Bingo!



Meditation Mini Workshops
with Susan Rubenstein Via Zoom
Workshop 1: Thursdays, Jan. 6 & 20 from 11:00-11:50 a.m.
Workshop 2: Thursdays, Feb. 10 & 24 from 11:00-11:50 a.m.
Cost: \$14 Per Workshop

The practice of meditation is well demonstrated to reduce the physical effects of stress on the body. In these Mini Workshops you will learn tips and techniques to create a meditation practice. This practice is designed to help reduce stress, anxiety and helps to promote a better night's sleep.



Valentine's Day Bingo
Monday, February 14
1:30-2:30 P.M., Youth Room
 \$2
 *Register by Feb. 9.

Join us for a fun game of BINGO with a visit from therapy dog, Beau!
Prizes for all winners.



AARP TAX AIDE

AARP Tax assistance is being offered this year at the Simsbury Library. There will be 2 options:

In person tax preparation – The taxpayer must be able to provide proof of full vaccination (vaccination and booster) to be eligible for this option. Masks will be required and social distancing followed. Your return will be completed during the 90-minute appointment. Appointments begin February 17.

Remote tax preparation – This option is for taxpayers not comfortable with the in-person option and/or not able or willing to provide proof of full vaccination. This option requires an initial 30-minute appointment (on Tuesdays) to have the tax documents scanned at the Library by the preparer and a second appointment (the following Thursday) to pick up a copy of the completed return. Appointments begin February 15.

Please make an appointment by calling the Simsbury Senior Center at **(860) 658-3273**.



HEALTH & WELLNESS

Preparing for Your Telehealth Appointment

Thursday, Jan. 13 from 1:00-2:00 p.m.

Simsbury Public Library, Friends Program Room

Free

**Register at the Library or Senior Center by Jan. 11.*

Nancy Sheetz, Executive Director for the Farmington Valley Visiting Nurse Association, will lead a seminar on how to prepare for a “telehealth appointment.” Telemedicine refers to practicing patient care through a digital platform, instead of the provider and patient being physically together. Generally, this is a video visit via a device, such as a computer, tablet, or smartphone, that connects to the internet.



Cosponsored by the Simsbury Senior Center & the Simsbury Public Library.

Chair Massage with Bev Harris

Book an appointment for a 15-minute chair massage, and walk away feeling refreshed and relaxed.

Thursdays, Jan. 6 & 20, Feb. 3 & 17

Cost: \$10 for a 15-minute session, or \$20 for 30 minutes. Please call the Senior Center to make an appointment.

Foot Care Clinics

Half-hour appointments are available on select Tuesdays at the Senior Center. Nurses will trim and file nails, sand calluses and corns, and give a foot massage.

Tuesdays, Jan. 4, 18, 25 & Feb. 1, 15, 22

Appointments are available between

8:30 a.m. and 2:00 p.m.

Cost: \$35 cash or check payable to **PediCare.**

AARP SMART DRIVER ONLINE COURSE

The Smart Driver course continues to be offered only online with a 25% discount.

Register at: www.aarpdriversafety.org

Promo code for 25% discount: DRIVINGSKILLS

There are also “live” virtual courses available in

Connecticut on the following dates:

January 26, 2022

February 23, 2022

March 23, 2022

The link to sign up is: <http://aarp.cvent.com/DSVirtual>

Please note: A camera is necessary for the virtual course to certify your attendance.



Blood Pressure & Sugar Screenings

The Farmington Valley Visiting Nurse Association will perform blood pressure and blood sugar screenings

on **Wednesdays from**

11:30 a.m. to 1:30 p.m. in the Lower Rotunda.

Appointments are not required. 



HEARING CLINICS!

Connecticut Hearing Center will be at the Senior Center to clean and service hearing aids and perform general screenings on **Mondays, Jan. 24 & Feb. 28.**

All services are FREE. Fifteen-minute appointments begin at **10:00 a.m. in the Old Court Room.**

Please call the Senior Center for an appointment at (860) 658-3273.

Hand-sewn face masks for adults and children are available at Eno Hall. A very big THANK YOU to our dedicated mask sewers!



CLUBS, CLASSES & GAMES

To register for programs please visit www.simsburyseniors.com, call (860) 658-3273, or email khaberlin@simsbury-ct.gov.

Make Your Own Conversation Heart Magnet

Thursday, January 20, 1:30-2:30 p.m.

Youth Room

Free

*Register by Jan. 17.



Tully Meyer from McLean Home Care and Hospice will be here to teach you how to make a fun and easy Valentine's Day project—a conversation heart magnet. No experience necessary.

Ladies of the Knockers

Tuesdays, Jan. 11 & Feb. 8
2:30 p.m.—4:00 p.m. (Drop-In)

South Conference Room

Free

This group knits hand-made breast prosthetics.



Duplicate Bridge

Fridays, Jan. 7—Feb. 25

9:30 a.m.—12:30 p.m.

Youth Room

\$1



Charity Stitches

Fridays, Jan. 7 & 21,

Feb. 4 & 18

10:00 a.m.—12:00 p.m.

South Conference Room

Free



Scrabble

Tuesdays, Jan. 4—Feb. 22

1:00 p.m.—4:00 p.m. (Drop-In)

Blue Room

Free



Intonations



Wednesdays, Jan. 19—Mar. 30

(No Intonations 3/16)

10:00 a.m.—12:00 p.m.

Old Court Room

This choral group enjoys singing together and performing at local venues.

Director: Greg Babal

10 Classes for \$25; \$4 drop-in

Cribbage

Tuesdays, Jan. 4—Feb. 22

1:00 p.m.—3:00 p.m. (Drop-In)

Blue Room

Free

Painting Club



Mondays, Jan. 3—Feb. 28

(No Club 1/17 & 2/21)

12:00 p.m.—3:00 p.m. (Drop-In)

Craft Room

Free

Canasta

Thursdays, Jan. 6—Feb. 24

1:00 p.m.—3:00 p.m. (Drop-In)

Blue Room

Free



Ceramics

Tuesdays, Jan. 18—Feb. 15

10:00 a.m.—1:00 p.m.

Craft Room

Instructor: Gloria Cerniglia

5 classes for \$12.50

\$4 drop-in

Setback/Pitch

Fridays, Jan. 7—Feb. 25

10:00 a.m.—12:00 p.m. (Drop-In)

Blue Room

Free



Dominoes

Wednesdays, Jan. 5—Feb. 23

1:00 p.m.—3:00 p.m. (Drop-In)

Blue Room

Free



Corn Hole



Tuesdays, Jan. 4—Feb. 22

1:00 p.m.—3:00 p.m. (Drop-In)

Auditorium

Free

NEWS, TRIPS & PROGRAMS

New Coordinator of Elderly Outreach Services!

The Community and Social Services Department has welcomed to our team Coordinator of Elderly Outreach Services **Lisa Sharp**. A graduate of Simsbury High School, as well as Drexel University in Philadelphia, Lisa has wide experience ranging from Apparel Designer in New York City to Therapeutic Recreation Director at Cherry Brook Health Care Center in Canton. Most recently, she was Marketing Coordinator for Brookdale Gables Farmington Senior Living. Lisa provides outreach services to senior residents and their families. In 2022, she will take part in training to become a CHOICES Medicare counselor. Stop by and say "Hi!"

Learn About Therapy Dogs With Karyn Cordner, Raven & Friends



Find out more about certified therapy dogs from **1:30 to 2:30 p.m. on Thursday, February 3** in the **Youth Room**

Free

Hear real life stories about the gifts of comfort and inspiration offered by these canine friends. Learn who they are and how they're trained, and hear many examples of the differences they make in a variety of settings, including schools, hospitals, nursing homes, and even Bradley International Airport. This program is presented by Karyn Cordner, her partner, Raven, and friends who will welcome the audience at a "meet and greet" after the presentation.

**Please register by Jan. 31.*

Senior Book Club

Book Club meets at **2:00 p.m.** one Wednesday a month on **Zoom**.

Free



Jan. 26: *The Women of the Copper Country: A Novel*
by Mary Doria Russell (Fiction)



Feb. 23: *The Invisible Wall: A Love Story that Broke Barriers*
by Harry Bernstein (Nonfiction)

**Contact the Senior Center for the Zoom link.*

Dial-A-Ride Jump On Board Trips

- Monday, Jan. 3:** Monday Supper at 5:00 p.m. at Eno Memorial Hall
(Depart: 4:15 p.m.; Return: 6:00 p.m.)
- Monday, Jan. 10:** Shopping in West Hartford Center & Lunch at Ichiro Hibachi
(Depart: 9:45 a.m.; Return: 2:00 p.m.)
- Monday, Jan. 31:** Buckland Hills Mall & Christmas Tree Shops, Manchester
(Depart: 9:45 a.m.; Return: 2:00 p.m.)
- Sunday, Feb. 6:** UCONN Women's Basketball Tailgate Party at the Simsbury Public Library
(Depart 12:00 p.m.; Return: 3:00 p.m.)
- Monday, Feb. 7:** Monday Supper at 5 p.m. at Eno Memorial Hall (Depart: 4:15 p.m.; Return: 6:00 p.m.)
- Monday, Feb. 28:** Ocean State Job Lot & Lunch at Dish-n-Dat in Canton
(Depart: 9:45 a.m.; Return: 2:00 p.m.)
- *Residents can register for trips by calling the Senior Center up until a week before the trip date.*

Important Jump on Board Trip Reminders:

- ◆ You must sign up for Dial-A-Ride to go on Jump on Board Trips.
- ◆ To purchase a Dial-A-Ride pass, contact Social Services at (860) 658-3283.
- ◆ Departure and return times are approximate.
 - ◆ Space is limited.
- ◆ Please tell us if you need any special accommodation.

Veterans Coffee Hour



Veterans are invited to Eno Memorial Hall on **Tuesdays, January 11 and February 8 from 10:00 a.m.–11:00 a.m. in the Old Court Room**, to connect with other area veterans who share similar military experiences, learn about resources and talk about issues that concern veterans and their families. This event is cosponsored by Simsbury Senior Center and Resilience Grows Here, a community-based initiative of the Farmington Valley Health District. Please register by calling (860) 658-3273 or emailing

khaberlin@simsbury-ct.gov

Monday Suppers!

Mondays, Jan. 3 & Feb. 7 at 5:00 p.m.

Youth Room

\$5

*Please register by Dec. 29 & Feb. 3.

January Menu:

Beef Stew, salad, corn bread & dessert

February Menu:

Shepherd's Pie, rolls with butter & dessert



Notable Notes

- **Mask Policy:** Face coverings are required in Town buildings regardless of vaccination status. *Please see full policy on Page 1 of this newsletter.
- **Aging & Disability Commission:** Meetings are at 7:00 p.m. (Locations to be determined.) Everyone is welcome. Upcoming meetings are scheduled on Tuesdays, **January 18** and **February 15**.
- **Handicapped Parking Applications:** Application and renewal forms are available at the Senior Center office.
- **Seniors Job Bank:** Free service seeks to match people looking for help at home or at work, with people looking for part-time work. Visit www.seniorsjobbankct.org.
- **Privacy Policy:** The Senior Center does not give out personal information on any of its members, staff or instructors.
- **Positions Open:** The Senior Center is looking to hire a **Café Coordinator** and a **Substitute Café Coordinator** to run its Tuesday and Wednesday Lunch Programs. To view the position postings and/or apply, please visit <https://www.governmentjobs.com/careers/simsburyct>, or call the Senior Center at (860) 658-3273.

Volunteer Opportunity

Are you interested in helping out with our bi-monthly newsletter mailing? It's an easy way to volunteer and meet some new people. Give us a call if you would like to be added to our list of volunteers.

Lunch Menu

Our weekly "Grab and Go" meals include bread or rolls, and dessert. **Meals are distributed Wednesdays from 12:00 p.m. to 12:30 p.m. via drive-through in the Commuter parking lot, behind True Value Hardware.**

Please register by 10:00 a.m. on the Friday before and make your payment at that time. **Cost: \$4 for Simsbury residents 50 and older; \$5 for non-residents or Simsbury residents under 50.**

- Jan. 5:** Meat loaf, mashed potatoes, zucchini (Please register by 12/30.)
- Jan. 12:** Corn Flake crusted chicken breast, sweet potato, broccoli
- Jan. 19:** Italian beef and pasta, vegetable blend, whole wheat roll
- Jan. 26:** Tuscan-style turkey breast, cornbread stuffing, green beans
- Feb. 2:** Chicken parmesan, linguini, Brussels sprouts
- Feb. 9:** Meat loaf, mashed potatoes, zucchini
- Feb. 16:** Corn Flake crusted chicken breast, sweet potato, broccoli
- Feb. 23:** Italian beef and pasta, vegetable blend, whole wheat roll



Visit us online at

www.simsburyseniors.com

SOCIAL SERVICES PROGRAMS

Phone (860) 658-3283 Fax (860) 408-7046

www.simsbury-ct.gov/social-services

Food Distribution (Cheese Day)

Starting in January, our new Food Pantry is at Shepherd of the Hills Lutheran Church, 7 Wescott Road in Simsbury. Cheese Day is our monthly food distribution day. Next Cheese Days: Jan. 11 & Feb. 8, by appointment only. For information, call (860) 658-3283.

Energy Assistance KEEP WARM

THIS WINTER! Social Services is taking applications for the Energy Assistance Program which helps households pay for primary heating bills. Benefits are also available for those who have heat included in their rent. Income guidelines depend upon number in household. Asset limits apply. Documentation is required. Please call for information or to schedule an appointment.

SNAP (Supplemental Nutrition Assistance Program). Foodshare will be happy to assist you with the SNAP application. Please call Foodshare at (860) 856-4357. For questions about your current SNAP benefit, call the CT Department of Social Services at (855) 626-6632. *NEW: SNAP Call Center hours are now available specifically for older adults Mon-Fri 8 a.m.-10 a.m. Please call (866) 974-7627 or email SNAP@endhungerct.org and ask for an older adult appointment.

Case Management For more information please call Social Ser-

vices at (860) 658-3283.

Mobile Foodshare Mobile Foodshare will be at the First Church of Christ parking lot, 689 Hopmeadow St., on alternating Mondays. There are no eligibility requirements and residents can pick up perishable and nonperishable food items. A schedule, including Avon and Granby dates, can be obtained at the Social Services Office. For information, visit www.foodshare.org, or call Social Services.

Dial-A-Ride A Dial-A-Ride pass is available to Simsbury residents only, who are disabled or over the age of 60: \$25 for an individual or \$35 for a couple for a year. The pass allows residents use of the Dial-A-Ride buses in Simsbury, Granby and Avon, as well as Jump On Board Senior Center trips. In addition, two out-of-town medical rides per month can be requested. Passes can be obtained at the Social Services office. If there is no school due to inclement weather, Dial-A-Ride does not run.

CHOICES (CT's program for Health Insurance, Outreach, Information & Eligibility Screening). For information on Medicare, contact NCAAA at (860) 724-6443 or (800) 994-9422 from 8:30 a.m.—4:30 p.m. M-F, or email info@ncaaact.org, or by mail at: CHOICES, c/o North Central Area Agency on Aging, 151 New Park Ave, Box 75, Hartford, CT 06106.

SENIOR CENTER

PAYMENT POLICIES

IN-PERSON REGISTRATION:

We are able to accept cash, checks and Visa, MasterCard or Discover. (Please make checks payable to the "Town of Simsbury.")

ONLINE REGISTRATION: Payable by Visa, MasterCard or Discover.

CANCELLATION POLICIES

TO PREVENT ERRORS, for all registrations, only you or someone in your household may cancel your registration.

FITNESS CLASSES: Registration fees are refundable (or your account can be credited) prior to the start of the first class of each session.

FOR LUNCH@ENO: In order to receive a credit or refund, please cancel by 10:00 a.m. on the Friday before.

FOR OTHER PROGRAMS AND

CLASSES: Requests for credit should be made by the registration deadline. If there is no registration deadline, requests for credit should be made no later than 24 hours before the program.

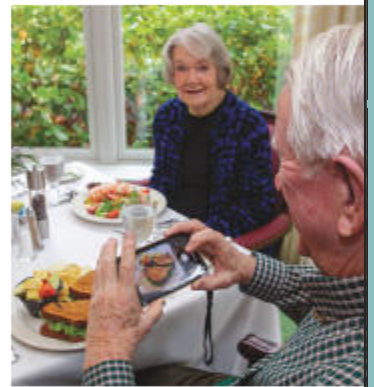


For information on upcoming events, photos and stories, visit us at www.facebook.com/simscommunityandsocial



Out on the green and out on the town,

Duncaster is where *I play.*



Looking to get more from retirement? Not only is Duncaster so close to the best that Connecticut has to offer, but there's so much to do and explore right on campus—from the art gallery and outdoor sculptures to the putting green and indoor pool. And with a calendar filled with intriguing experiences, you'll always be actively engaged, intellectually stimulated and ready to play!

Schedule an in-person or virtual tour today! Call **(860) 380-5006** or visit **Duncaster.org**



Duncaster
is where to *live.*

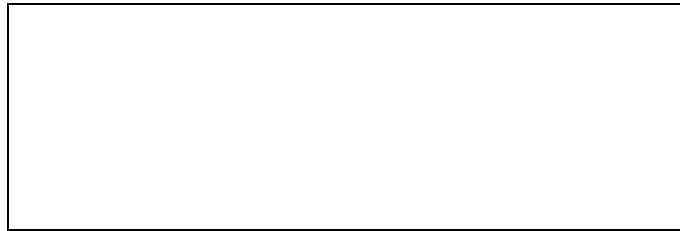


40 Loeffler Road, Bloomfield, CT 06002 • (860) 726-2000 • Duncaster.org



Simsbury Senior Center
933 Hopmeadow Street
Simsbury, CT 06070

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Tech Tutor at the Senior Center!

Wednesday, January 12 and Wednesday, February 9
1:00 p.m. & 2:00 p.m. appointments

Need help with your iphone or ipad?
Our tutor, Chris Ryan, offers free one-on-one lessons.
These popular appointments last one hour.
To register, please call the Senior Center
at (860) 658-3273.



Upcoming Holidays:

The Senior Center will be closed
on **Monday, January 17** in
observance of
Martin Luther King, Jr. Day
and on **Monday, February 21** in
observance of
Presidents' Day.



Inclement Weather Policy



If Simsbury public **schools** are canceled, all day and evening classes and programs are canceled at the Senior Center. If school is delayed, classes and programs run on their regular schedule unless we contact you. If schools are on vacation, tune to WFSB, WTNH, NBC30 or check their web sites. Every effort is made to make up programs canceled due to weather.



ALL ARE WELCOME

Simsbury Senior Center strives to be a welcoming center that respects the diversity of our members and guests, diversity that includes differences in sex, age, race, ethnicity, national origin, range of abilities, sexual orientation, gender identity, financial means, education and political perspective.