



**Eno Memorial Hall**  
 754 Hopmeadow Street  
 Simsbury, CT 06070  
[www.simsbury-ct.gov](http://www.simsbury-ct.gov)  
 Mailing Address:  
 933 Hopmeadow Street

**Hours:** Mondays: 8:30 a.m.—7:00 p.m.  
 Tuesdays—Thursdays: 8:30 a.m.—4:30 p.m.  
 Fridays: 8:30 a.m.—1:00 p.m.

**Contact Us:** Senior Center Phone: (860) 658-3273  
 Social Services Phone: (860) 658-3283  
 Fax: (860) 408-7046  
[www.simsburyseniors.com](http://www.simsburyseniors.com)  
[www.facebook.com/simscommunityandsocial](https://www.facebook.com/simscommunityandsocial)

Simsbury Social Services Department ♦ Simsbury Senior Center

# The Senior Communicator

November—December, 2021



## Holiday Party

**Thursday, December 9 from 11:00 a.m.—12:00 p.m.**  
**Eno Hall Auditorium**  
 \$8

Join your Senior Center friends at our Holiday Party from **11:00 a.m. to 12:00 p.m. on Thursday, Dec. 9**, at Eno Memorial Hall.

Our Intonations Choral Group will begin the festivities at 11 a.m. with a performance and will lead a sing-along of seasonal music.

A prepared To-Go Lunch from Kane's Market will be distributed as guests depart.

(menu to be determined)

*\*Register by Dec. 2.*



**Face Coverings Required in Town Facilities:** In accordance with updated recommendations from the CDC and the Farmington Valley Health District, all visitors to Town buildings, **regardless of vaccination status**, will be required to wear a face covering at all times while indoors. All staff and visitors to Town buildings are required to properly wear face coverings, including attendees of public meetings. Individuals that have been diagnosed with COVID-19, are awaiting the results of a COVID-19 test, or are currently ill should refrain from visiting the Town facilities in person. Exercise classes will continue to be held virtually. Masks must be worn in the Dial-A-Ride vehicle. Indoor meals are still permitted; masks may be removed only when seated and consuming food and beverages. Individuals should wash their hands prior to eating, drinking, or touching common equipment and supplies.

The mission of the Simsbury Senior Center is to provide a community focal point where older adults come together for programs that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the Center and their community. The Simsbury Senior Center welcomes all members of the diverse and growing older adult population, (age 50 and over), their families and friends.

**Kathleen Marschall**  
 Senior Center Coordinator  
**Karen Haberlin**  
 Senior Center Assistant  
**Kristen Formanek**  
 Director of Community and Social Services  
**Rachael Loveland**  
 Community Social Worker  
**Wendy LaMontagne**  
 Temporary Elderly Outreach Assistant  
**Dana Olson**  
 Social Services Assistant

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## THE SIMSBURY CEMETERY ASSOCIATION

www.simsburycemetery.com  
 Email: office@simsburycemetery.com  
 Phone: (860) 408-9077

*"Located in Simsbury center off Hopmeadow Street.  
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**Farmington Valley Visiting Nurse Association**  
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## LIFELONG LEARNING

To register for programs please visit [www.simsburyseniors.com](http://www.simsburyseniors.com), call (860) 658-3273, or email [khaberlin@simsbury-ct.gov](mailto:khaberlin@simsbury-ct.gov).

### Rosie the Riveter

**Tuesday, Nov. 9, 1:30-2:30 p.m.**  
Youth Room

Free

*\*Register by Nov. 4.*

She's a cultural icon of World War II, representing the women who worked in factories and other businesses replacing the male workers who were serving in the military. Rosie the Riveter is used as a symbol of feminism and women's economic power.



Through this presentation you will meet Mary Doyle Keefe and Geraldine Doyle, the original models. My mother was a "Rosie" too...I'll bet there are others in our audience with "Rosies" of their own.

*Presented by Joseph Ouellette,  
member of the Ellington &  
CT Historical Societies*

## Simsbury 350<sup>th</sup> Teen Interviews with Older Adults

**Thursday, December 2, 1:30 to 2:30 pm**  
Simsbury Public Library

Free

*\*Register by Nov. 30.*

In celebration of the Town's 350th Birthday, the Simsbury Public Library is co-sponsoring Teen & Older Adult Interviews recorded in the SCTV studio. This video is a compilation of videos produced in honor of Simsbury's 350th anniversary. Students from Henry James middle school, under the direction of the Simsbury Public Library Teen Librarian, interviewed longtime residents about their lives in Simsbury over many decades. Watching these interviews is like watching a time capsule come to life.

### The Life & Times of Elvis Presley

**Tuesday, Dec. 14, 1:30-2:30 p.m.**  
Youth Room

Free

*\*Register by Dec. 10*

A glimpse into the personal life and times of Elvis Aaron Presley, an American singer and actor, regarded as one of the most significant cultural icons of the 20th century. Come explore his life and his legacy.



*Presented by Joseph Ouellette,  
member of the Ellington &  
CT Historical Societies*

### Senior Book Club

Book Club meets at **2:00 p.m.** one Wednesday a month on the **North Lawn.**

*\*Bring a chair*

*\*Rain Location: South  
Conference Room*

*(No November meeting)*

**Dec. 1:** *Moby Duck: The True Story of 28,800 Bath Toys Lost at Sea, and the Beachcombers, Oceanographers, Environmentalists, and Fools, Including the Author, Who Went in Search of Them* by Donovan Hohn (Nonfiction)



### Music in the Afternoon:

#### Ragtime Lullabies with Paul Bisaccia

**Sunday, Nov. 7 from 1:00-2:00 p.m.**

**Simsbury Public Library Program Room**

Free

*\*Register by Nov. 4.*



Paul Bisaccia presents a concert of Ragtime featuring the King of Ragtime – Scott Joplin (The Entertainer and Maple Leaf Rag) as well as ragtime by George Gershwin and Billy Joel. Paul will include his famous anecdotes and stories to make the men who made the music come alive for an afternoon. Irving Berlin's Puttin' on the Ritz and the Spaghetti Rag will also be featured – a concert of Rousing American Ragtime! As an added bonus, a live close up of Bisaccia's hands, while he plays, will show in real time so everyone will have a special view.



## FITNESS CLASSES ON ZOOM

All participants are required to complete a yearly liability waiver before starting a fitness class. We advise that each participant has a complete physical examination before participating in any physical activity. Register online at [www.simsburyseniors.com](http://www.simsburyseniors.com), by calling the Senior Center at (860) 658-3273, or by email at [khaberlin@simsbury-ct.gov](mailto:khaberlin@simsbury-ct.gov).

### Chair Yoga Zoom

Yoga can improve strength, flexibility and endurance, and manage inflammation, arthritis and pain. This class is perfect for offering chair support for people with knee and back discomfort.

**Instructor:** Susan Rubenstein

**Tuesdays**, 11:00-11:50 a.m.  
Nov. 2 to Dec. 14  
7 classes for \$49

### Cardio & Strength Zoom

This is a fitness class that combines a variety of exercises to help increase cardio endurance while strengthening muscle. Class can be done sitting in a chair or standing.

**Instructor:** Nancy Pandolfo

**Monday-Friday**, 10:30-11:15 a.m.  
Nov. 1 to Dec. 31  
Free with SilverSneakers® & Renew Active™, \$3 without

### Tai Chi Zoom

Gentle and beneficial for gaining flexibility and improving balance.

**Instructor:** Ken Zaborowski  
**Intermediate** 9:00-9:45 a.m.  
**Beginner** 10:00-10:45 a.m.

**Tuesdays**, Nov. 2 to Dec. 21  
8 classes for \$36

**Thursdays**, Nov. 4 to Dec. 16  
(no class 11/11 & 11/25)  
5 classes for \$22.50

### Yoga (Morning) Zoom

A great class to help de-stress before your busy day.

**Instructor:** Susan Rubenstein  
10:30-11:30 a.m.

**Mondays**  
Nov. 1 to Dec. 13  
7 classes for \$49

**Wednesdays**  
Nov. 3 to Dec. 15  
(no class 11/24)  
6 classes for \$42

### Perfect Fit Zoom

Low-impact aerobics, strength training and Pilates.

**Instructor:** Susan Rubenstein  
9:15-10:15 a.m.

**Mondays**  
Nov. 1 to Dec. 13  
7 classes for \$28

**Wednesdays**  
Nov. 3 to Dec. 15  
(no class 11/24)  
6 classes for \$24

### Stronger with Strength Zoom

This class offers an effective combination of strength training, core work, balance and a complete stretch.

**Instructor:** Susan Rubenstein

**Fridays**, 9:00-10:00 a.m.  
Nov. 5 to Dec. 17  
(no class 11/26)  
6 classes for \$24

## Election Day is Tuesday, November 2 ABSENTEE VOTING INFORMATION

If you need an absentee ballot application, you can print one online here <https://portal.ct.gov/SOTS/Election-Services/Voter-Information/Absentee-Voting>

- All registered voters are eligible to vote absentee.
- If voting absentee, please return the application to the Town Clerk's Office as soon as possible via the lock-box located at Town Hall.
- Requests for absentee ballots will be fulfilled within 48 hours.
- Be sure to enclose your voted ballot in the "B" envelope, sign and seal the "B" envelope, and place it in the "C"/mailing envelope labeled with the Town Clerk's name and address.
- Voted absentee ballots can be returned via mail or lock-box located at Town Hall.

Polls will be open on Election Day from 6:00 a.m. to 8:00 p.m. if you prefer to vote in person.

# SPECIAL EVENTS

**Celebrate Thanksgiving  
with St. Mary's School Luncheon**  
**Wednesday, Nov. 17 from 12:00-2:00 p.m.**  
**St. Mary's Parish Hall**



Free

The St. Mary's Parish Hall will come alive for a seasonal favorite on Wednesday, November 17, with the free annual Thanksgiving Luncheon for local seniors. Festivities begin at noon with a meal that features traditional Thanksgiving fare, as well as beverages and dessert, served by students, faculty and volunteers from Saint Mary's School.

\*Reservations are necessary through the Senior Center by Nov. 10.

(This event is extremely popular, so we advise you to register well in advance.)

*Because of this luncheon, there will be no Wednesday Lunch @ Eno on November 17.*

*\*Vaccination is required for all attendees of this event.*

*\*Masks are required to enter Saint Mary's School.*

## BINGO!

**Tuesday, Nov. 30**  
**1:30-2:30 p.m.**  
**Old Court Room**

\$2

*\*Register by Nov. 25.*

Join us for a fun game of BINGO at the Senior Center!

*Prizes for all winners*



## New Year's "Eve" Bingo

**Thursday, Dec. 30 from 1:30-2:30 p.m.**

**Youth Room**

\$2

*\*Register by Dec. 22.*



Join us for a fun game of BINGO at the Senior Center!

*Prizes for all winners.*

## Enchantment of the Celtic Harp

**Monday, Nov. 15 from 1:30-2:30 p.m.**

**Youth Room**

Free

*\*Register by Nov. 12.*



The sound of the plucked string of the harp has enchanted and transformed people for thousands of years. Certified music practitioner, psychologist and researcher Marcie Swift, M.Ed. CMP NCSP has explored the role of the harp as a mystic ladder that unites this world with the next. This ancient instrument, cherished as a gift from the gods, has been used for transformation and transition throughout the world. Marcie will discuss early American harpists in the 1800's, leading up to the fascinating Harpo Marx. Audience members will experience first-hand the soothing tones of the harp, when Marcie plays a wide range of beautiful music, paired with her own improvisations and storytelling. Marcie will bring several of her Celtic harps, including her Reverie harp, which each member of the audience may play to experience its wonderful healing vibrations.

## HEALTH & WELLNESS

### Memory Screening

#### with Arden Courts of Avon

Monday, Nov. 8 from 1:30-2:30 p.m.

Old Court Room

Free

\*Register by Nov. 4.

- ◆ Are you caring for a loved one who is experiencing memory problems?
- ◆ Are you concerned that your loved one's memory loss may be an early sign of dementia?
- ◆ Does Alzheimer's disease or dementia run in your family?
- ◆ Are you concerned about your own memory?

A memory screening is a series of questions and tasks designed to gauge memory, language and thinking skills. Screenings last just 5-10 minutes, and while the results are not a diagnosis, scoring below the normal threshold can signal that someone should follow up with a clinician for a full evaluation.

### Chair Massage with Bev Harris

Book an appointment for a 15-minute chair massage, and walk away feeling refreshed and relaxed.

**Thursdays, Nov. 4 & 18, Dec. 2, 16 & 30** in the **Old Court Room**. **Cost:** \$10 for a 15-minute session, or \$20 for 30 minutes. Please call the Senior Center to make an appointment.

### Foot Care Clinics

Half-hour appointments are available on select Tuesdays at the Senior Center. Nurses will trim and file nails, sand calluses and corns, and give a foot massage.

**Tuesdays, Nov. 2, 16, 23 & Dec. 7, 21 & 28**

Appointments are available between

**8:30 a.m. and 2:00 p.m.**

**Cost:** \$35 cash or check payable to PediCare.



### Simsbury Lions Club offering Free Adult Eye Screenings

Saturday, Nov. 6

10:00 a.m.—1:00 p.m.

Simsbury Public Library, Wagner Room

725 Hopmeadow Street, Simsbury, CT

Please make an appointment by calling the Senior Center at (860) 658-3273.

### Blood Pressure & Sugar Screenings

The Farmington Valley Visiting Nurse Association will perform blood pressure and blood sugar screenings

on **Wednesdays from**

**11:30 a.m. to 1:30 p.m. in the Lower Rotunda.**

Appointments are not required. 

### CT Poison Control Center Presentation

Thursday, Nov. 18 from 1:30-2:30 p.m.

Youth Room

Free

\*Register by Nov. 16.

Robert Kanehl, Community Education Specialist for the Connecticut Poison Control Center, will be at the Senior Center to talk about The Poison Control Center and prevention for seniors.



### HEARING CLINICS!

Connecticut Hearing Center will be at the Senior Center to clean and service hearing aids and perform general screenings on **Mondays, Nov. 22 & Dec. 27**.

All services are FREE. Fifteen-minute appointments begin at **10:00 a.m. in the Old Court Room**.

Please call the Senior Center for an appointment at (860) 658-3273.

**Hand-sewn face masks** for adults and children are available at Eno Hall. A very big THANK YOU to our dedicated mask sewers!



# CLUBS, CLASSES & GAMES

## Make Your Own Holiday Wreath



Thursday, November 18, 10:30 a.m.—11:30 a.m.

Old Court Room

Free

\*Register by Nov. 12.

Tully Meyer from McLean Home Care and Hospice will be here to teach you step-by-step how to decorate the perfect wreath for your holiday décor. No experience necessary.

## Ladies of the Knockers

Tuesdays, Nov. 9 & Dec. 14

1:00 p.m.—2:30 p.m. (Drop-In)

South Conference Room

Free



This group meets once a month to knit hand-made breast prosthetics. \*Please bring size 4 or 5 double-pointed needles.



## Duplicate Bridge

Fridays, Nov. 5—Dec. 17

9:30 a.m.—12:30 p.m.

Youth Room

\$1

## Charity Stitchers

Fridays, Nov. 5 & 19,

Dec. 3 & 17

10:00 a.m.—12:00 p.m.

South Conference Room

Free



## Scrabble

Tuesdays, Nov. 2—Dec. 28

1:00 p.m.—4:00 p.m. (Drop-In)

Blue Room

Free

## Intonations

Wednesdays, Sept. 8—Dec. 8

10:00 a.m.—12:00 p.m.

Old Court Room

This choral group enjoys singing together and performing at local venues.

Director: Greg Babal

\$30; \$4 drop-in



## Cribbage

Tuesdays, Nov. 2—Dec. 28

1:00 p.m.—3:00 p.m. (Drop-In)

Blue Room

Free

## Painting Club

Mondays, Nov. 1—Dec. 27

12:00 p.m.—3:00 p.m.

Craft Room

Free



## Dominoes

Wednesdays, Nov. 3—Dec. 29

1:00 p.m.—3:00 p.m. (Drop-In)

Blue Room

Free



## Ceramics

Tuesdays

10:00 a.m.—1:00 p.m.

Craft Room

Nov.: \$12.50; \$4 drop-in

Dec.: \$10; \$4 drop-in



## Setback/Pitch

Fridays, Nov. 5—Dec. 17

10:00 a.m.—12:00 p.m. (Drop-In)

Blue Room

Free

## Canasta

Thursdays, Nov. 4—Dec. 30

1:00 p.m.—3:00 p.m. (Drop-In)

Blue Room

Free



## Bocci

Tuesdays, Nov. 2—Dec. 28\*

2:00 p.m.—4:00 p.m.

Bocci Court—South Lawn

Free

\*Weather permitting





## EVENTS, TRIPS & NOTES



### Veterans Coffee Hour

Veterans are invited to Eno Memorial Hall on **Tuesdays, November 9 and December 7 from 10:00 a.m.—11:00 a.m. in the Old Court Room** to connect with other area veterans who share similar military experiences, learn about resources and talk about issues that concern veterans and their families. This event is co-sponsored by Simsbury Senior Center and Resilience Grows Here, a community-based initiative of the Farmington Valley Health District. Please register by calling (860) 658-3273 or emailing [khaberlin@simsbury-ct.gov](mailto:khaberlin@simsbury-ct.gov).

### Dial-A-Ride Jump On Board Trips

**Monday, Nov. 1:** Monday Supper at 5:00 p.m. at Eno Memorial Hall

**Sunday, Nov. 7:** Music in the Afternoon Ragtime Concert at 1:00 p.m. at Simsbury Public Library

**Saturday, Nov. 13:** New Britain Museum of American Art & Café Lunch at the Museum  
(Depart: 9:45 a.m.; Return: 2:00 p.m.)

**Monday, Nov. 15:** Shopping in Blue Back Square & Lunch at the Cheesecake Factory, West Hartford  
(Depart: 9:45 a.m.; Return: 2:00 p.m.)

**Monday, Nov. 29:** Wal-Mart & Lunch at the Cracker Barrel in East Windsor  
(Depart 10:00 a.m.; Return: 2:30 p.m.)

**Monday, Dec. 6:** Monday Supper at 5 p.m. at Eno Memorial Hall

**Monday, Dec. 13:** Buckland Hills Mall & Christmas Tree Shops, Manchester  
(Depart: 9:45 a.m.; Return: 2:00 p.m.)

*\*Residents can register for trips up until a week before the trip date.*

### Important Jump on Board Trip Reminders:

- ◆ You must sign up for Dial-A-Ride to go on Jump on Board Trips.
- ◆ To purchase a Dial-A-Ride pass, contact Social Services at (860) 658-3283.
- ◆ Departure and return times are approximate.
- ◆ Please tell us if you need any special accommodation.

### Notable Notes

■ **Upcoming Holidays:** Please note that the Senior Center will be closed on **November 11, 25 & 26** in observance of Veterans Day and Thanksgiving, and on **December 23, 24 & 31** in observance of Christmas and the New Year.

■ **Mask Policy:** Face coverings are required in Town buildings, regardless of vaccination status. *\*Please see full policy on Page 1 of this newsletter.*

■ **Aging & Disability Commission:** Meetings are at 7:00 p.m. (Locations are to be determined.) Everyone is welcome. The next meeting is scheduled for Tuesday, **November 16**.

■ **Handicapped Parking Applications:** Application and renewal forms are available at the Senior Center office.

■ **Seniors Job Bank:** Free service seeks to match people looking for help at home or at work, with people looking for part-time work. Visit [www.seniorsjobbankct.org](http://www.seniorsjobbankct.org).

■ **Privacy Policy:** The Senior Center does not give out personal information on any of its members, staff or instructors.

■ **Positions Open:** The Senior Center is looking to hire a **Café Coordinator** and a **Substitute Café Coordinator** to run its Tuesday and Wednesday Lunch Programs. To view the position postings and/or apply, please visit <https://www.governmentjobs.com/careers/simsburyct>, or call the Senior Center at (860) 658-3273.

### ALL ARE WELCOME

Simsbury Senior Center strives to be a welcoming center that respects the diversity of our members and guests, diversity that includes differences in sex, age, race, ethnicity, national origin, range of abilities, sexual orientation, gender identity, financial means, education and political perspective.





## Café lunch served on Tuesdays

The Senior Center will be serving a café-style lunch **every Tuesday** from **11:30 a.m. to 12:45 p.m.** The meal features soup for \$2 and a sandwich for \$2, cash or check made out to Town of Simsbury. Eat in or take out; call ahead or just stop by!

**Nov. 2:** Oven roasted plum tomato soup & sliced ham sandwich

**Nov. 9:** Split pea with ham soup & oven roasted chicken sandwich

**Nov. 16:** Navy bean soup & tuna salad sandwich

**Nov. 23:** Beef barley soup & egg salad sandwich

**Nov. 30:** Chicken orzo soup & sliced turkey sandwich

**Dec. 7:** Oven roasted plum tomato soup & sliced ham sandwich

**Dec. 14:** Split pea with ham soup & oven roasted chicken sandwich

**Dec. 21:** Navy bean soup & tuna salad sandwich

**Dec. 28:** Beef barley soup & egg salad sandwich



## Monday Suppers!

**Mondays, Nov. 1 & Dec. 6 at 5:00 p.m.**

**Youth Room**

\$5

*\*Please register by Oct. 28 & Dec. 2.*



### November Menu:

Chicken cacciatore, salad, rolls & dessert

### December Menu:

Grilled cheese sandwiches, tomato soup & dessert

# Lunch @ Eno

All meals, served **Wednesday at noon** in the **Youth Room**, include bread or rolls, hot and cold beverages, and dessert.

*Please register by noon on the Friday before and make your payment at that time. **Please note that, effective Nov. 1, the Wednesday lunch price will be \$4 for Simsbury residents 50 and older and \$5 for non-residents or Simsbury residents under 50.***

**Nov. 3:** Corn Flake crusted chicken breast, sweet potato, broccoli

**Nov. 10:** Italian beef and pasta, vegetable blend, whole wheat roll

**Nov. 17:** (no lunch at Eno due to St. Mary's Thanksgiving Luncheon)

**Nov. 24:** Tuscan-style turkey breast, cornbread stuffing, green beans

**Dec. 1:** Chicken parmesan, linguini, Brussels sprouts

**Dec. 8:** Meat loaf, mashed potatoes, zucchini

**Dec. 15:** Corn Flake crusted chicken breast, sweet potato, broccoli

**Dec. 22:** Italian beef and pasta, vegetable blend, whole wheat roll

**Dec. 29:** Tuscan-style turkey breast, cornbread stuffing, green beans



## Inclement Weather Policy



If Simsbury public schools are canceled, all day and evening classes and programs are canceled at the Senior Center. If school is delayed, classes and programs run on their regular schedule unless we contact you. If schools are on vacation, tune to WFSB, WTNH, NBC30 or check their web sites. Every effort is made to make up programs canceled due to weather.



Visit us online at

[www.simsburyseniors.com](http://www.simsburyseniors.com)

## SOCIAL SERVICES PROGRAMS

Phone (860) 658-3283 Fax (860) 408-7046

[www.simsbury-ct.gov/social-services](http://www.simsbury-ct.gov/social-services)

### Food Distribution (Cheese Day)

Cheese Day is our monthly food distribution day. Please call with any questions.

**Food Closet** The Food Closet is not open at this time due to COVID-19. All food items are distributed at Cheese Day. Please call Social Services if you need assistance with food. Monetary and nonperishable food donations, as well as toiletries and cleaning products, are always appreciated.

**Energy Assistance** KEEP WARM THIS WINTER! Social Services is taking applications for the Energy Assistance Program which helps households pay for primary heating bills. Benefits are also available for those who have heat included in their rent. Income guidelines depend upon number in household. Asset limits apply. Documentation is required. Please call for information or to schedule an appointment.

**SNAP** (Supplemental Nutrition Assistance Program). Foodshare will be happy to assist you with the SNAP application. Please call Foodshare at (860) 286-9999, Ext. 104. If you have any questions about your current SNAP benefit, call the CT Department of Social Services at (860) 626-6632.

**Case Management** For more information please call Social Services.

**Mobile Foodshare Truck** Mobile Foodshare will be at the First Church of Christ parking lot, 689 Hopmeadow St., from **1 to 1:30 p.m. on Mondays, Nov. 1, 15 & 29, and Dec. 13 & 27.** There are no eligibility requirements and residents can pick up perishable and nonperishable food items. A schedule, including Avon and Granby dates, can be obtained at the Social Services Office. For information, visit [www.foodshare.org](http://www.foodshare.org), or call Social Services.

**Dial-A-Ride** A Dial-A-Ride pass is available to Simsbury residents only, who are disabled or over the age of 60: \$25 for an individual or \$35 for a couple for a year. The pass allows residents use of the Dial-A-Ride buses in Simsbury, Granby and Avon, as well as Jump On Board Senior Center trips. In addition, two out-of-town medical rides per month can be requested. Passes can be obtained at the Social Services office. If there is no school due to inclement weather, Dial-A-Ride does not run.

**CHOICES** (CT's program for Health Insurance, Outreach, Information & Eligibility Screening). For information on Medicare, contact NCAAA at (860) 724-6443 or (800) 994-9422 from 8:30 a.m.—4:30 p.m. M-F, or email [info@ncaaact.org](mailto:info@ncaaact.org), or by mail at: CHOICES, c/o North Central Area Agency on Aging, 151 New Park Ave, Box 75, Hartford, CT 06106.

## SENIOR CENTER

### PAYMENT POLICIES

#### IN-PERSON REGISTRATION:

We are able to accept cash, checks and Visa, MasterCard or Discover. (Please make checks payable to the "Town of Simsbury.")

**ONLINE REGISTRATION:** Payable by Visa, MasterCard or Discover.

### CANCELLATION POLICIES

**TO PREVENT ERRORS,** for all registrations, only you or someone in your household may cancel your registration.

**FITNESS CLASSES:** Registration fees are refundable (or your account can be credited) prior to the start of the first class of each session.

**FOR LUNCH@ENO:** In order to receive a credit or refund, please cancel by 10:00 a.m. on the Friday before.

**FOR OTHER PROGRAMS AND CLASSES:** Requests for credit should be made by the registration deadline. If there is no registration deadline, requests for credit should be made no later than 24 hours before the program.

### PRIVACY POLICY

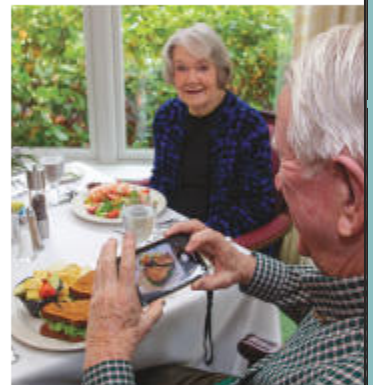
The Senior Center does not give out personal information on any of its members, staff or instructors.

For information on upcoming events, photos and stories, visit us at [www.facebook.com/simscommunityandsocial](https://www.facebook.com/simscommunityandsocial)



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