



Eno Memorial Hall
754 Hopmeadow Street
www.simsbury-ct.gov

Mailing Address:
933 Hopmeadow Street
Simsbury, CT 06070

Temporary Monday through Friday
Hours: 8:30 a.m. to 4:30 p.m.

Contact Us: Senior Center Phone: (860) 658-3273
Social Services Phone: (860) 658-3283
Fax: (860) 408-7046
www.facebook.com/simscommunityandsocial



Simsbury Social Services Department ♦ Simsbury Senior Center

The Senior Communicator

September — October 2020

Here for you

Our doors are closed, but we're open for business

With Gov. Ned Lamont advising people 65 and older and people with underlying medical conditions to continue to stay home, and following the recommendations of the Farmington Valley Health District, the Senior Center will be closed to the public until further notice.

This status is subject to change as phasing in for re-opening continues.

Staff continues to work on a daily basis inside Eno Memorial Hall.

You can reach us by phone at (860) 658-3273 or email Senior Center Coordinator Kathleen Marschall at kmarschall@simsbury-ct.gov.

If you are not receiving emails from us, please add your email address to our contact list by emailing or calling us.

Please check our Web site, www.simsbury-seniors.com for a list of virtual programs, including live programs via Zoom.

We recognize that this is a unique and very uncertain time for everyone, and we thank you for your patience and understanding.

We look forward to the day we can welcome you back to our building, and we miss you all.

Please stay safe and well and know that we are here for you.

With warmest regards,
Senior Center Staff

Can we reach you by email?

During the time the Senior Center is closed to the public, email is our best way to communicate with you regarding new programs and important information. If we don't have your current email address, please call us at (860) 658-3273 or email us at kmarschall@simsbury-ct.gov.

Three Flu Clinics

Flu vaccination for the fall has taken on increased urgency due to the potential for serious complications if patients contract both flu and coronavirus at once.

Further, people who have the flu are likely to be concerned that they may have coronavirus, straining the nation's capacity for COVID-testing.

Even more concerning, patients admitted to the hospital with flu could occupy beds needed for patients with coronavirus.

Senior Center Flu Clinic

The Senior Center and the Farmington Valley Visiting Nurse Association will hold Flu Clinics on **Thursday, Oct. 8, from 2 to 4 p.m.**, and **Tuesday, Oct. 20, from 9:30 to 11:30 a.m.** at Eno Memorial Hall. Regular and High Dose flu

See **FLU CLINICS** on page 7

Kathleen Marschall
Senior Center Coordinator
Wendy LaMontagne
Temporary Senior Center Assistant
Kristen Formanek
Director of Community and Social Services
Rachael Loveland
Community Social Worker
Carolyn Krystiniak
Senior Outreach Coordinator
Dana Olson
Social Services Assistant



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Visiting Nurse Association

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or visit us at 14 Station Street, Suite 1

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Fax: 860-658-2273 • Pizza: 860-658-1210

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See Store for details.

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CONTACT

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Workshops: Enrolling in Medicare

Choosing the right Medicare plan and completing the right steps for enrollment are important decisions for your future.

The Simsbury Senior Center is hosting two informative Zoom seminars that will cover the basics of government Medicare and other available supplements and drug plans, and describe the steps needed to enroll in Medicare. (Open Enrollment is Oct. 15 to Dec. 7, 2020.)

The seminars, hosted by Certified CHOICES Counselor Carolyn Krystiniak, will take place on **Thursday, Sept. 24, from 1 to 2 p.m.**, and on **Tuesday, Oct. 6, from 1 to 2 p.m.**

To register for a seminar, please visit www.simsburyseniors.com, or call (860) 658-3273, or email kmarschall@simsbury-ct.gov. Please register for the September seminar by Sept. 22, or for the October seminar by Oct. 2.

Stressed? Calm your mind

Meditation workshop could ease anxiety



Oct. 8 and 15, from 1 to 2 p.m.

Cost: \$13 for each two-part series

Meditation is often used to reduce anxiety, depression, and pain, and increase well-being. A person meditating focuses their mind on a thought or activity to achieve a clear, calm mental state.

Please register for the September session by Sept. 11, and for the October session by Oct. 6, by calling (860) 658-3273, or by emailing kmarschall@simsbury-ct.gov.

Senior Center Fitness Instructor Susan Rubenstein is holding two of her two-part Meditation Workshops on the tools and techniques on how to build the practice of meditation into your daily life.

The first workshop will take place **Tuesday, Sept. 15 and 22, from 1 to 2 p.m.**; and the second workshop will be on **Thursdays,**

Free fabric masks are available

The Simsbury Senior Center and Department of Community and Social Services are spearheading a giveaway of protective face masks.

Anyone who wants a mask can get one for free. Just call us at (860) 658-3273, or email us at kmarschall@simsbury-ct.gov, to arrange to pick up your mask.

Our volunteers have sewn more than 3,600 masks so far!

Interested in adding your needle to the project? Call or email us!

Do you have extra fabric, thread ribbon or elastic lying around? We'd appreciate your donations.



We are grateful for our dedicated team of volunteer mask-makers!

Blood Pressure & Sugar Screenings

The Farmington Valley Visiting Nurse Association performs blood pressure and blood sugar screenings, **each Wednesday from 11:30 a.m. to 1 p.m.** in the back parking lot of Eno Memorial Hall.

They will fully sanitize the table

See **SCREEN**, page 10

New to Zoom?

We understand that this new video meeting technology may be unfamiliar to you, and may not come easily to everyone.

We're all learning this together.

To help you gain confidence in using Zoom, we've included a link to a video tutorial on how to use it. Please visit this website to see the video:

www.youtube.com/watch?v=kH50kValdAY&feature=youtu.be

September is National Senior Center Month

And the 2020 theme is Senior Centers: Delivering Vital Connections!

This year's theme was chosen to highlight our Senior Center's efforts to deliver vital connections to support older adults aging well. Preventing social isolation is vital and a core Senior Center mission.

While our delivery methods have changed during the pandemic, we are still focusing on our mission to provide knowledge, programming, and resources, with your **Mind, Body, Spirit, and Community** at the center of that focus.

All participants are required to complete a yearly liability waiver before starting a fitness class. We advise that each participant have a complete physical examination before participating in any physical activity.

All classes are held via Zoom, a popular video meeting app. If you haven't tried Zoom before, call us at (860) 658-3273 and ask us to email you a link to a free how-to video.

Balanced Bodies Zoom

This class is designed to increase flexibility, joint stability, balance, coordination and strength. Workout combines both standing and seated exercises, to maintain balance and help prevent falls.

Instructor: Marie Burman
1:15 to 2:15 p.m.

Mondays, Sept. 14 to Oct. 26
7 classes for \$17.50

Wednesdays, Sept. 9 to Oct. 28
8 classes for \$20

Cardio Fit Zoom

A low-impact, heart-healthy aerobics class that boosts energy.

Instructor: Nancy Pandolfo

Tuesdays and Thursdays,
9:10 to 9:55 a.m.
Sept. 1 to Oct. 29

Cost: Free with SilverSneakers® & Renew Active™

Tai Chi Zoom

Gentle and beneficial for gaining flexibility and improving balance.

Instructor: Ken Zaborowski

Intermediate 9 to 9:45 a.m.
Beginner 10 to 10:45 a.m.

Tuesdays, Sept. 1 to Oct. 27
9 classes for \$40.50

Thursdays, Sept. 10 to Oct. 29
8 classes for \$36

Perfect Fit Zoom

Low-impact aerobics, strength training and Pilates.

Instructor: Susan Rubenstein
9:15 to 10:15 a.m.

Please register by Sept. 5.

Mondays Sept. 14 to Oct. 26
7 classes for \$28

Wednesdays Sept. 9 to Oct. 28
8 classes for \$32



No fitness equipment? No problem!

No problem! For every class that needs fitness equipment, common household objects can be used. Items such as water bottles or canned goods can be used as weights, and T-shirts, towels, or even pantyhose can be used as resistance bands.

Yoga (Morning) Zoom

A great class to help de-stress before your busy day.

Instructor: Susan Rubenstein
10:30 to 11:30 a.m.

Mondays Sept. 14 to Oct. 26
7 classes for \$45.50

Wednesdays Sept. 9 to Oct. 28
8 classes for \$52

Please register by Sept. 5.

Chair Yoga Zoom

Yoga can improve strength, flexibility and endurance, and manage inflammation, arthritis and pain. This class is perfect for offering chair support for people with knee and back discomfort.



Instructor: Susan Rubenstein

Tuesdays 11 a.m. to noon
Sept. 8 to Oct. 27
8 classes for \$52

Please register by Sept. 5.

Cardio Blast Zoom

Traditional aerobics, great music!

Instructor: Marie Burman

Mondays 12 to 1 p.m.
Sept. 14 to Oct. 26
7 classes for \$17.50

Wednesdays 12 to 1 p.m.
Sept. 9 to Oct. 28
8 classes for \$20

Straight Up Strength Zoom

Using your own body weight and household objects, this class offers an effective combination of strength training, core work, balance and a complete stretch.

Instructor: Susan Rubenstein

Fridays, 9 to 10 a.m. Sept. 11 to Oct. 30 (No class 9/18.)

7 classes for \$28 / \$5.50 drop-in
Please register by Sept. 5.

◆ Call the Senior Center at (860) 658-3273 for information about any of these activities! ◆

Veterans invited to connect

Veterans are invited to a Zoom “coffee hour” from **10:30 to 11:30 a.m. Friday, Sept. 25 and Oct. 23.**

Connect with other area Veterans who share similar military experiences, learn about resources and talk about issues that concern Veterans and their families.

This event is co-sponsored by Simsbury Senior Center and

Resilience Grows Here, a community based initiative of the Farmington Valley Health District. Please register by calling the Senior Center at (860) 658-3273, or by emailing kmarschall@simsbury-ct.gov. We will email you a link that you will use to connect with the online meeting.

NEW TO ZOOM? See the box on page 3 of this newsletter.

You're not alone: Try our Zoom Chats

The Simsbury Senior Center hosts Zoom Chats starting at **11 a.m. on Friday, Sept. 18 and Oct. 16.**

Senior Center members have an opportunity to see each other, to reconnect with friends and to make new ones, from the comfort of your own home, using this popular video meeting application.

To sign up, please email us at kmarschall@simsbury-ct.gov or call

(860) 658-3273. The day before the Chat, we will email you a link that you will use to install the application if it's your first time, and to join the meeting. Just follow the step-by-step prompts to install.

Feel free to click the link and install the app early, so you're ready when the Chat starts.

NEW TO ZOOM? See the box on page 3 of this newsletter.

Charlotte Barth retires

It's the end of an era for Social Services, when Social Services Aide Charlotte Barth retires from the Town of Simsbury on Sept. 3.

Charlotte started with us in 1990. Since then she has always been a valuable member of our team. Although we are sad to see her go, we are thrilled that she will have more time to spend with her family and garden.

Thank you, Charlotte, for your hard work and dedication. You have done so much for so many!

Dana Olson moves to Social Services

Senior Center Assistant Dana Olson has assumed Charlotte Barth's duties as Simsbury Social Services Assistant.

Dana has been Simsbury's Senior Center Assistant since November 2016. You can reach her at dolson@simsbury-ct.gov, or at (860) 658-3283.

Wendy LaMontagne helps Senior Center

Senior Center volunteer Wendy LaMontagne has generously agreed to take on the duties of Senior Center Assistant, temporarily until a permanent Senior Center Assistant is hired.

Wendy has been a volunteer for the Senior Center since January 2019.

She retired in 2018 after 28 years as Parks & Recreation Director in the Town of Suffield.

You can reach Wendy at (860) 658-3273.

Foot Care Clinics

Half-hour PediCare appointments are available twice a month at the Senior Center.

Nurses will trim and file nails, sand calluses and corns, and give a foot massage.

The next clinics will take place on **Sept. 22, Oct. 6, and Oct. 27**, from

8:30 a.m. to 2 p.m.

Appointments cost \$29 (cash or check payable to PediCare). Schedule your appointment through the Senior Center at (860) 658-3273.

(Due to the changing conditions of the COVID pandemic, these appointments are subject to change.)

Feeling anxious or depressed?

Feeling anxious or depressed? You can call the National Alliance on Mental Illness Connecticut (NAMI-CT) hotline at (860) 882-0236. Workers are available to talk live, Monday-Friday, 9 a.m. to 5 p.m.

NAMI Connecticut offers more than 70 FREE, confidential support

groups across the state that are peer-led. They are facilitated by people who have experience with mental health issues. During the current COVID-19 crisis, the support groups have moved online:

<https://namict.org/find-support/support-groups/>

LABOR DAY

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

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O U U N I O N S S R E K R O W
R H L A S E P T E M B E R B C
L O O A C H I E V E M E N T I
A L U Y R N P N F R P E S E N
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J K S W V Y L E B Z T M A M H
  
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By Evelyn Johnson - www.qets.com

Achievement

AFL

American

Economic

Education

Family

First

Holiday

Industry

Labor

Monday

Movement

National

Parade

Picnic

Progress

September

Social

Speeches

Unions

Workers

Make your own leaf bowl

Learn how to make your own leaf bowl during a Zoom Do-It-Yourself workshop starting at **3 p.m. Monday, Sept. 28**. Please



register by Wednesday, Sept. 23, online at www.simsburyseniors.com or by calling (860) 658-3273. We will contact you with information on how to pick up your supplies.

This event is co-sponsored by the Senior Center and The Residence at Brookside in Avon.

Bird Walks

Join fellow birders at 8 a.m. for a morning of discovery. For information, call Jon Ward at (860) 416-3958. **This schedule is subject to change. Please remember to wear your mask and practice social distancing.** **Wednesday, Sept. 9**, Wagner

Woods off Great Pond Road (Wagner Woods parking lot is between the driveways for 151 and 157 Great Pond Road.)

Wednesday, Sept. 23, Tariffville

Park off Main Street Extension

Wednesday, Oct. 7, the Band Shell at Simsbury Meadows on

Iron Horse Boulevard

Wednesday, Oct. 21, Great Pond parking lot



Chef offers cooking demos

A chef from The Residence at Brookside in Avon will lead two cooking demonstrations of seasonal recipes **Thursday, Sept. 24** and **Thursday, Oct. 22**, via Zoom. Both demonstrations will begin at 3 p.m.



Please register for the September event by Sept. 21, and for the October event by Oct. 19, online at www.simsburyseniors.com or by calling (860) 658-3273. We will contact you to pick up tasting samples and recipes on the morning of the demonstrations. Co-sponsored by the Simsbury Senior Center and Residence at Brookside in Avon.

Share a weekly cup with Tea @ 3

Join a community, enjoy a weekly cup of tea at home at 3 p.m. on a weekday, and discover the wonderful experience of sharing a cup of tea and conversation over the phone with a young adult Tea-Mate.

For All Ages will match you with a Tea-Mate age 18 to 25 who has similar interests. And they will

provide you with a month's supply of tea, a handmade mug cozy, and conversation starters to set you on the path to a new friendship.

Sign up online by Sept. 7 to enjoy your fall 2020 community. Register at <https://forallages.org/tea-at-3>. If you are unable to sign up online, call (860) 658-3273.



Have a ball during a virtual Zoom Bingo game, from **1 to 2 p.m. Thursday, Oct. 1**. Please register by Sept. 24 online at www.simsburyseniors.com or call (860) 658-3273. Supplies will be picked up at a date to be determined. Co-sponsored by the Senior Center and Arden Court in Avon. Prizes for winners!

FLU CLINICS:

Continued from page 1

vaccines will be given. Prescreening is required before your appointment, and you must wear a mask. For an appointment, call the Farmington Valley VNA at (860) 651-3539. Then visit www.farmingtonvalleyvna.org to print off the Consent Form. Complete the form and bring it, your medical insurance card, and driver's license or non-driver photo ID to the Clinic. Consent Forms will also be available at Eno Hall.

Drive Thru Flu Clinic

The Farmington Valley Health District is planning a Drive Thru flu clinic **Wednesday, Oct. 7**, from 1 to 5 p.m., at the Weatogue Fire Station, at 251 Hopmeadow St.

You must be pre-registered. To register for this clinic, visit www.dispenseassist.net.

When you register, you will receive a "Dispense Assist" form. You must bring your completed dispense assist form to receive a vaccination. Please bring your medical insurance card.

The Health District will provide the nursing services and submit the insurance claims.

The Town of Simsbury is still **HERE FOR YOU**

To protect the health and safety of our residents, patrons, and staff, the Town of Simsbury's municipal buildings (excluding Recreation facilities currently open for patron restroom use) will remain closed to walk-ins through at least Sept. 8. The Senior Center will remain closed until further notice.

However, appointments can be made but are limited to patrons who have business with the Town that can't be completed by phone, mail, email, or virtually.

Upon request, reasonable accommodations will be made as required by law for disabled persons on a case by case basis.

Please note this information is subject to change.

COMMUNITY AND SOCIAL SERVICES AND SENIOR CENTER

Please call the Social Services Office at (860) 658-3283 and the Senior Center at (860) 658-3273 to leave a message for staff.

Emails will continue to be checked and responded to, and voicemails are returned daily Monday through Friday during normal business hours.

Our return call to you may have "No Caller ID"; please plan to answer as this may be us, or check your voicemail for our call. If you are returning a call to us, please let us know when a good time would be to return your call.

Staff will still distribute packed bags of food, toiletries, and a gift card to those in need.

The Wednesday Senior Lunch at

Eno is available by curbside pick-up and with pre-order.

If you are having a financial emergency, staff will offer phone screening for potential assistance.

For a list of services and resources, in order to further help meet your needs, and for your convenience, please visit www.simsbury-ct.gov/social-services.

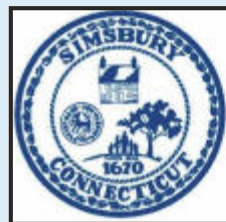
Adults over 65 and people with underlying medical conditions such as diabetes, or heart or lung disease, should continue to stay safe by staying home. Face masks should continue to be worn in public at all times, even while maintaining physical distance.

TOWN HALL

Many services can be accessed online at simsbury-ct.gov. A secure drop box has been placed at the Town Hall entrance for the public to leave documents for Town departments. Services also operate by phone, mail, email, and virtually.

To schedule an appointment with Town staff, please call (860) 658-3200 or email the applicable department. Staff will screen potential patrons over the phone and when they arrive for their appointment utilizing the following questions:

Do you have a cough? Do you have a fever? Have you been around anyone exhibiting these symptoms within the past 14 days?



Are you living with anyone who is sick or quarantined? Are you sick with any symptoms? Within the past 14 days have you traveled to a location that has a new daily positive test rate higher than 10 per 100,000 residents or a location with a 10% or higher positivity rate over a 7-day rolling average?

(Locations as of Aug. 14 include Alabama, Alaska, Arkansas, Arizona, California, Delaware, Florida, Georgia, Hawaii, Iowa, Idaho, Illinois, Indiana, Kansas, Kentucky, Louisiana, Maryland, Minnesota, Missouri, Mississippi, Montana, North Carolina, North Dakota, Nebraska, Nevada, Oklahoma, Puerto Rico, South Carolina, South Dakota, Tennessee, Texas, Utah, Virgin Islands, Virginia, Washington, and Wisconsin.) If a person answers yes to any of these questions, they will not receive an appointment.

That list will be updated as the situation develops across the country. We respectfully request that patrons who have visited one of the noted locations for which the Travel Advisory is in effect to please stay home and self-quarantine for a 14-day period from the time of last contact within the identified state. Please refrain from using municipal services and visiting municipal facilities during this time.

Only one patron will be permitted an appointment per department at any time. Exceptions may be made for customers with disabilities in need of assistance. Staff, residents

See **HERE FOR YOU** on page 10

Intonations reunion

Catch up with your musical friends! Greg Babal will hold a reunion with members of the Intonations, starting at **10 a.m. Wednesday, Sept. 2**, using the popular video meeting app Zoom.

Please register for this event

by noon on Tuesday, Sept. 1, online at www.simsburyseniors.com, or by calling (860) 658-3273.

Haven't Zoomed before? Just let us know, and we'll send you a link to a free how-to video.

SOCIAL SERVICES PROGRAMS

(860) 658-3283 Phone
(860) 408-7046 Fax

RENTER'S REBATE PROGRAM

Oct. 1 is the deadline to apply. Applicants must be at least 65 years of age, or totally disabled – with proof of disability – as of Dec. 31, 2019. Maximum income for a couple is \$45,100; and for an individual is \$37,000.

FUEL ASSISTANCE

We will begin accepting applications in October.

SNAP

(Formerly Food Stamps) FoodShare will be happy to assist you in the SNAP application. Please call FoodShare at 860 856-4337.

FOOD DISTRIBUTION (CHEESE DAY)

We will be holding a drive-thru food distribution in the commuter parking lots behind Eno Hall. The dates are **Sept. 15** and **Oct. 13**.

MOBILE FOODSHARE TRUCK

The Mobile Foodshare truck will be at the First Church of Christ parking lot, 689 Hopmeadow St., from 1 to 1:30 p.m. on alternating Mondays. Eligible residents will pick up donated fruits and vegetables. A schedule, including

Avon and Granby dates, can be obtained at the Social Services Office. Dates for Simsbury are: **Sept. 21**, and **Oct. 5 and 19**.

FOODSHARE DISTRIBUTION

Beginning on **Tuesday, Sept. 1**, FoodShare will be distributing food at Rentschler Field every Tuesday, Wednesday, and Thursday from 8:30 a.m. to noon.

FOOD CLOSET

Provides nonperishable food items to income-eligible residents. Donations are always welcome to keep our shelves stocked.


DIAL-A-RIDE

A Dial-A-Ride pass is available to Simsbury residents only, who are disabled or over the age of 60: \$25 for an individual or \$35 for a couple for a year. The pass allows residents use of the Dial-A-Ride buses around town, in Granby and Avon, as well as Jump On Board Senior Center trips. In addition, two out-of-town medical rides can be requested. Passes can be obtained at the Social Services Office.

CASE MANAGEMENT & THERAPEUTIC COUNSELING

Now available.

To-Go Lunch



Our weekly to-go meals include bread or rolls, and dessert. Please register by 10 a.m. on the Friday before and make your payment at that time.

The meals are distributed Wednesdays from noon to 12:30 p.m. via drive-through in the Eno back parking lot.

Cost: \$3.50 for Simsbury residents 50 and older; \$4.50 for nonresidents, and Simsbury residents under 50.

Sept. 2: Meatloaf, mashed potatoes, and California vegetable blend

Sept. 9: Roast pork loin, rice pilaf and carrots

Sept 16: Chicken Parmesan with ziti, and broccoli

Sept. 23: Cider glazed ham, sweet potato, and green beans

Sept. 30: Meatloaf, mashed potatoes, and California vegetable blend

Oct. 7: Roast pork loin, rice pilaf and carrots

Oct. 14: Chicken Parmesan with ziti, and broccoli

Oct. 21: Cider glazed ham, sweet potato, and green beans

Oct. 28: Meatloaf, mashed potatoes, and California vegetable blend



SCREEN:

Continued from page 3

and instruments between patients, using proper protocol for maximum safety.

If you are participating, please stay in your car until you are called for your screening, or take a seat in our pop-up pavilion "waiting room."

Appointments are not required.

If you are unable to attend the screenings, nurses may contact residents by phone for wellness checks to assess the need for a home visit.

For information, call (860) 658-3273.

Absentee ballot applications

This is the information we have at the time of this publication. For the most recent information, please visit the Town of Simsbury's Web site at www.simsbury-ct.gov.

The Secretary of the State's Office will mail out Absentee Ballot Applications for the Nov. 3 election to all registered voters in mid-late September; all voters are eligible to vote by absentee ballot in that general election, due to the COVID-19 pandemic, pursuant to Public Act 20-03 July Spec. Sess.

Please **DO NOT** mail in an application now; wait to mail in the application you receive from the Secretary of the State. If you mail in an application before receiving the application from the Secretary of the State, **DO NOT** submit both; only one application per person, per Election should be submitted.

Ballots will not be available until Oct. 2, 2020. All applications received by this date will be processed and ballots will be mailed out on Oct. 2, 2020. Applications received after Oct. 2 will be mailed out within 24 hours of receipt. The Town Clerk's office will issue all ballots for the Nov. 3 Election; this Election will be unprecedented in regards to the volume of Absentee Ballots the Town Clerk's office will issue. This is an enormous undertaking that the Secretary of the State's Office has left in their hands and we appreciate your patience and understanding during this time.

Polls are open on Election Day from 6 a.m. to 8 p.m. for you to cast your vote in person. You are not required to vote Absentee; it is simply an option.

Email the Town Clerk at ebutler@simsbury-ct.gov with questions.

HERE FOR YOU:

Continued from page 8

and patrons will be required to wear masks. Patrons must complete forms, applications, etc. as much as possible before entering the building. No dogs will be allowed unless they are for service or therapy.

We will not accept cash transactions through at least Sept. 14. Payments can be made by check, debit card, or credit card. Checks may be mailed to the Town at 933 Hopmeadow St., Simsbury, CT 06070 or left at our secure drop box at Town Hall (same address).

TOWN MEETINGS

Meetings will remain closed to the public until further notice. Meetings will be held over Zoom and broadcasted on SCTV. Agenda items that are being discussed at a meeting will be posted online for public view.

Members of the public may email statements to the Town Clerk's Office at ebutler@simsbury-ct.gov by 4:30 p.m. the day before the meeting to have their comments read into the record during public audience.

LIBRARY

All eligible patrons with current library cards may take advantage of the Library's Curbside Services via the "Curbside Service Request Form" at www.simsburylibrary.info. Call (860) 658-7663. You may request up to 5 items per person per day for no-contact pickup the next day. Families and partners may submit one form for all individuals in the household for checkout on one library card account. Curbside Service hours are Monday through Friday, 10 a.m. to 1 p.m. and 2 p.m. to 5 p.m., and each hour has a cap on the number of requests and pickups allowed.

Time slots and materials are

available on a first-come, first-served basis. You will receive an email confirming we received your submission and your selected time slot. They will pull items based on availability and you should not arrive outside of your selected time slot.

TRANSFER STATION

The Transfer Station is open with full services and modified practices.

RECREATION

Playgrounds at Rotary Park, Simsbury Farms, Weatogue Park, Meadow Pond Park, West Mountain Park, Memorial Park and Tariffville Park are open for public use. Outdoor basketball courts at Simsbury Farms, Town Forest Park and West Mountain Park are reopened. These facilities will not be sanitized by the Town. Residents are asked to not use these facilities if they are not feeling well or have traveled from a state listed on the Governor's Travel Advisory List in the past 14 days.

NEVER MISS A NEWSLETTER !

Sign up to have our newsletter
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www.ourseniorcenter.com



Looking forward TO BLUE SKIES AHEAD



In these extraordinary times when the world seems to be constantly changing, the genuine warmth and caring of our close-knit Village at McLean provide unwavering support and peace of mind that come from being part of a Life Plan Community.

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Learn more about our exciting expansion by calling **860-658-3786** or visit **ExploreMcLean.org**.

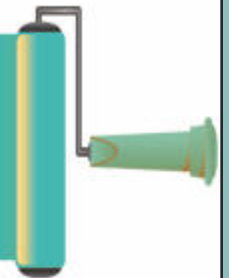


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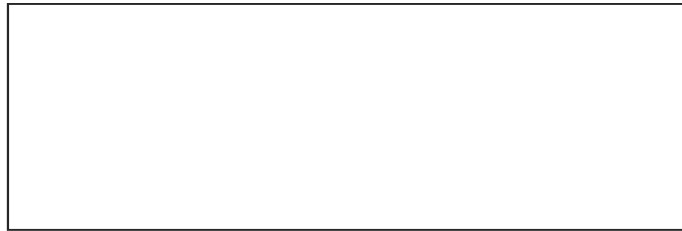


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- The Senior Communicator -

ALL ARE WELCOME

Simsbury Senior Center strives to be a welcoming center that respects the diversity of our members and guests, diversity that includes differences in sex, age, race, ethnicity, national origin, range of abilities, sexual orientation, gender identity, financial means, education and political perspective.

Certified CHOICES Counseling

Medicare Open Enrollment is Oct. 15 to Dec. 7, 2020. To make an individual appointment with a Certified CHOICES Counselor, call Carolyn Krystiniak at (860) 658-3283.

STAY HEALTHY

The Center for Disease Control and Prevention recommends everyday actions, including:

Wash hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer of at least 60 percent alcohol. Avoid touching your face. Avoid close contact with people who are sick. Stay home if you are sick, except to seek medical care. Cover coughs or sneezes. Wear a face mask.

Simsbury Community TV

Watch SCTV live on Comcast Xfinity and Frontier cable. To see a schedule, visit www.simsburytv.org and click on Schedule at the top of the page. For information, call (860) 658-1720.

Public Channel: Comcast Xfinity channels 5 and 1084, and Frontier channel 6069.

Education Channel: Comcast Xfinity channels 95 and 1070, and Frontier channel 6070.

Government Channel: Comcast Xfinity channels 96 and 1090, and Frontier channel 6071.